The Proust Questionnaire

BY

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The Proust Questionnaire has its origins in a parlor game popularized (though not devised) by Marcel Proust, the French essayist and novelist, who believed that, in answering these questions, an individual reveals his or her true nature. Here is the basic Proust Questionnaire.

\_\_1.\_\_What is your idea of perfect happiness?

\_\_2.\_\_What is your greatest fear?

\_\_3.\_\_What is the trait you most deplore in yourself?

\_\_4.\_\_What is the trait you most deplore in others?

\_\_5.\_\_Which living person do you most admire?

\_\_6.\_\_What is your greatest extravagance?

\_\_7.\_\_What is your current state of mind?

\_\_8.\_\_What do you consider the most overrated virtue?

\_\_9.\_\_On what occasion do you lie?

\_\_10.\_\_What do you most dislike about your appearance?

\_\_11.\_\_Which living person do you most despise?

\_\_12.\_\_What is the quality you most like in a man?

\_\_13.\_\_What is the quality you most like in a woman?

\_\_14.\_\_Which words or phrases do you most overuse?

\_\_15.\_\_What or who is the greatest love of your life?

\_\_16.\_\_When and where were you happiest?

\_\_17.\_\_Which talent would you most like to have?

\_\_18.\_\_If you could change one thing about yourself, what would it be?

\_\_19.\_\_What do you consider your greatest achievement?

\_\_20.\_\_If you were to die and come back as a person or a thing, what would it be?

\_\_21.\_\_Where would you most like to live?

\_\_22.\_\_What is your most treasured possession?

\_\_23.\_\_What do you regard as the lowest depth of misery?

\_\_24.\_\_What is your favorite occupation?

\_\_25.\_\_What is your most marked characteristic?

\_\_26.\_\_What do you most value in your friends?

\_\_27.\_\_Who are your favorite writers?

\_\_28.\_\_Who is your hero of fiction?

\_\_29.\_\_Which historical figure do you most identify with?

\_\_30.\_\_Who are your heroes in real life?

\_\_31.\_\_What are your favorite names?

\_\_32.\_\_What is it that you most dislike?

\_\_33.\_\_What is your greatest regret?

\_\_34.\_\_How would you like to die?

\_\_35.\_\_What is your motto?