

# Ten Further Questions

1. How is what I am doing getting me what I want and need?
2. What traits do I dislike most in others?
3. What would feel good to let go of?
4. What part of me do I respect most?
5. What steps do I want to take next?
6. How do I feel about change?
7. Where am I most comfortable?
8. Where am I least comfortable?
9. Who am I when I am at my best?
10. When is the right time to have what I want and need?